



# The Prevention and Early Intervention Summit 2023

### **DELEGATE INFORMATION PACK**

### **Thomond Park, Limerick**

September 21 - 22







### **WELCOME**

We are delighted to welcome you to Limerick and the Prevention and Early Intervention Summit 2023. Since its establishment in 2010, the Prevention and Early Intervention Network has been channeling the commitment, expertise and experience of our many members and the various perspectives that they bring.

This summit is the culmination of these efforts and has been organised in partnership with our colleagues in the UNESCO Child and Family Research Centre, University of Galway, and made possible with co-funding from the DCEDIY What Works Initiative and Tusla, Child and Family Agency.

Our summit features a packed programme of interesting and exciting events including keynotes, poster presentations, lightning rounds, panel discussions, fireside chats and a live podcast. In this pack you will find some useful information to guide you through the Summit and your stay in Limerick.

### **Our Venue**

Located just minutes from Limerick city centre and the main M7 motorway, Thomond Park is one of Munster Rugby's home grounds and sports state-of-the-art conference suites and the latest in audio-visual technology. The Summit will take place across 4 suites: the Thomond Suite, the 1978 Suite, the Desmond Suite and the Ormond Suite. There is also ample parking on-site.

Visit <a href="https://thomondpark.ie/">https://thomondpark.ie/</a> for more information.



Thomond Park Stadium, Cratloe



www.thomondpark.ie



Copy & Paste the following link into your browser for a detailed journey map: https://goo.gl/maps/KnfDtYyikrb2gGLW9











# **Agenda: Day 1**

### Thursday 21 Sept.



Time	Input	Speaker	
9am	Meet, Greet & Registration		
10.00am 10.05am	Welcome Opening Address (Virtual)	Francis Chance, Chairperson, the Prevention and Early Intervention Network Graham Allen, Creator of Early Intervention Foundation	
10.25am	The Space Between: Lived Experience and PEI: Joe Slattery in Conversation with Marian Quinn, (CEO CDI Tallaght)	<b>Joe Slattery</b> , Manager, Northstar Project, Limerick	
11.05am	Making Prevention and Early Intervention Work	<b>Prof. John Canavan</b> , UNESCO Child & Family Research Centre, University of Galway	
11.30am	Fresh Coffee & Fresh Air		
12pm	Towards a Shared Vision for PEI in Ireland – Panel Discussion. Chair: Dr. Carmel Devaney (University of Galway)	Amy Mulvihill, National Manager, Prevention, Partnership & Family Support, Tusla  Dr. Ciara Martin, National Clinical Advisor and Group Lead for Children & Young People, HSE  Elizabeth Canavan, Asst. Secretary General, Department of the Taoiseach	
1pm	Lightning Round 1 4 Rapid-Fire Inputs Chair: Hugh Doogan (CEO, Archways)	Scene-Setting Data Brain Building Migrant Health Restorative Practice	
1.30pm	Lunch & Poster Presentations		
2.30pm	Fireside Chat: Health Inequalities – A Wicked Problem Worth Solving. Chair: Francis Chance (Chairperson PEIN)	Prof. Catherine Darker, Associate Professor in Health Services Research, Trinity College Dublin & Dr. Abigail Collins, National Clinical Lead, Child Health Public Health, HSE	
3.15pm	Parallel Session x 2	x 28 Presentations	
5.15pm	Close		









# Agenda: Day 2

### Friday 22 Sept.



Time	Input	Speaker	
9am	Welcome		
9.05am	From Poverty to PhD; How Good Systems & Great Support Saved Me!	<b>Dr. Katriona O'Sullivan,</b> Lecturer, Dept. of Psychology, Maynooth University	
10am	Fireside Chat: Because Supporting Children Starts with Supporting Parents Chair: Anne Pardy, (Prog. Manager, National Healthy Childhood Programme, HSE)	Rebecca Moore, National Lead, Parenting Support, Tusla Joanne McGarry, A.P, Parenting Support Policy Unit, DCEDIY Assoc. Prof. Matt Buttery, Parenting Network	
10.45am	Fresh Coffee & Fresh Air		
11am	European Spotlight: Quality Family Support for Prevention & Early Intervention	Prof. María José Rodrigo, University of La Laguna (Spain) Assoc. Prof. Lucía Jiménez, Seville University (Spain)	
11.40am	Lightning Round 2  4 Rapid-Fire Inputs Chair: Hugh Doogan (CEO, Archways)  Parental Engagement Home Visiting Trauma-Informed Care Child Voice		
12.10pm	The PEI Round-Up & Floor Discussion  Dr. Carmel Devaney & Prof. John Canavan, UNESCO Child & Family Research Centre, University of Galway		
12.35pm	And From Here? Next Steps for Prevention & Early Intervention	<b>Katherine Harford</b> , Let's Grow Together! Infant & Childhood Partnership CLG, Cork	
12.50pm	Closing Thoughts (Virtual)	Minister Roderic O'Gorman, DCEDIY	









# **Lightning Rounds**

### Thursday 1pm & Friday 11.40am

Each 7-minute input is based on Pecha Kucha, a Japanese presentation format that uses images such as graphs, tables, quotes or any other prop to tell a very succinct story. It means that the presentation is focused, concise and condenses one big theme into digestible takeaways. Our Lightning Rounds include presentations from:

Speaker	Input
Dr. Maria O'Dwyer: Prevention and Early Intervention Network	So Who Exactly are All these Children and Families That We Are All Talking About?
Helen Ryan: ABC StartRight	"I like nonsense, it wakes up my brain": Making neuroscience accessible to parents and caregivers
Anne Cronin: University of Limerick	Accessing Migrant Health - the Language Barrier
Joe Power: Restorative Practices Project Limerick	The Best Conflict Resolution is Conflict Prevention
Jayne Sherlock: The Childhood Development Initiative	Parental Engagement and Relationships in the Early Years (EY) – Promoting parental engagement and partnerships in the Early Learning and Care sector
Dr. Josephine Bleach: Home Visiting Alliance	Early Childhood Home Visiting – an effective feasible prevention and early intervention support for children and parents
Tracie Lane: Let's Grow Together!	Working with risk, poverty and diversity: Creating conditions for relating in parent toddler groups in community settings
<b>Dr. Melissa Bonotto:</b> University of Galway	Listening to the voices of young children with additional needs in a preschool context (age 3 to 5)











# **Speaker Profiles**

#### Graham Allen



Graham is a lifetime early intervener (https://www.youtube.com/watch?v=doZAS-tHBm4) and a member of the UK Parliament for 30 years. He is also the creator of Nottingham Early Intervention City and author of 2 Independent reports: "Early Intervention - the next steps" and "Early Intervention - smart investment, massive saving" available at https://www.gov.uk/government/publications/early-intervention-the-next-steps-2. Graham is also the founder of the Early Intervention Foundation: www.eif.org.uk

#### **Marian Quinn**

Marian's career has been focused on children, young people and families. She has worked in the Health Services Executive and the Department of Justice and directly with young people in both community youth services and Youthreach. Marian holds a Masters in Adult Education, a BSc Honours in Youth and Community Work and is a qualified Life and Business Coach. Marian is CEO of CDI Tallaght.



#### Joe Slattery

Joe is an Addiction Counsellor specialising in adolescence effected by drug use and family support. Joe is an accredited member of the Addiction Counsellors of Ireland with over 10 years experience working in the voluntary sector. Joe is currently the Coordinator of the Northstar Family Support Project which supports families effected by a loved ones substance abuse throughout the Limerick region.



#### Prof. John Canavan

Professor John Canavan is the Director of the UNESCO Child and Family Research Centre at the School of Political Science and Sociology, University of Galway. His main research interests are Family Support, evaluation theory, and connecting research, policy and practice. He has worked for many years with practitioners, service managers and policy makers in the children and families' field, and is passionate about the role of research in improving children's lives. John is Vice-Chair of EurofamNet: The European Family Support Network. His most recent book is Understanding System Change in Child Protection published by Routledge and authored with colleagues from the UNESCO Child and Family Research Centre.



#### Amy Mulvihill

Amy Mulvihill is the National Manager for Prevention, Partnership and Family Support in Tusla. Amy is passionate about social inclusion, equality, and working collaboratively to ensure every child in Ireland achieves their potential in all aspects of their lives. She has extensive experience in change management, development and implementation in the Education and Child and Family sectors. Amy holds a BA in History and Geography from Maynooth University and an MSc in Management (Innovation in Social Enterprise) from Dublin City University.



#### Dr. Ciara Martin

Ciara Martin is the first person to be appointed to the role of NCAGL (National Clinical Advisor and Group Lead) for Children and Young people. In this role she works within the Chief Clinical Officer's Department in the HSE to develop and drive integrated health services for children and young people, from age of 0 up to 25 years of age. She works closely with healthcare leaders across primary, community, mental health and acute hospital services. Ciara's clinical background is in Paediatric Emergency medicine.











# **Speaker Profiles**

#### Elizabeth Canavan



Elizabeth Canavan is Assistant Secretary General of the Social Policy and Public Service Reform Division, Government Information Service, and Corporate Affairs in the Department of the Taoiseach. She is the Secretary to the Cabinet Committees on Health, Education, Social Affairs and Equality, Accommodation and Supports for Ukrainian refugees, and the Chair of the associated Senior Officials Groups. She is Deputy Chair of the National Economic and Social Council and Secretary to the Civil Service Management Board. Previously, she held the position of Assistant Secretary General in the Department of Children and Youth Affairs, Acting Secretary General in both the Departments of Children and Youth Affairs, and Rural and Community Development, and Chief Executive Officer of the Adoption Authority of Ireland.

#### **Prof. Catherine Darker**



Professor Catherine Darker is the Associate Professor of Health Services Research in the Department of Public Health & Primary Care, Trinity College Dublin (TCD). She has published widely using both qualitative and quantitative, plus mixed methods applied research. Catherine routinely advises Government and the HSE, and her specialist role lies in generating evidence and the translation of research to practice. Much of her research and teaching concerns the 'social determinants of health', preventable inequities in health and healthcare and strategies for eliminating them.

#### Dr. Abigail Collins



Abbey is a Consultant in Public Health Medicine and the National Clinical Lead for Child Health Public Health within the HSE. As part of this role she leads on the HSEs universal programme for children, the National Healthy Childhood Programme. Abbey's background prior to public health was in genetics and paediatrics. The health, wellbeing, early identification and clinical care for children have always been her primary interest and focus.

#### Dr. Katriona O'Sullivan



Katriona is a Lecturer in the Department of Psychology, Maynooth University. Her first book, a memoir entitled *Poor*, debuted at #1 on the Irish Non-Fiction bestseller list. Her book chronicles her journey from poverty, teenage pregnancy, homelessness to graduating with a PhD from Trinity College Dublin and becoming an award-winning lecturer whose work challenges barriers to education. She has published research on equality, gender, education, inclusion and STEM., and has been an invited speaker at the UN and the world education forum.

#### Rebecca Moore



Rebecca Moore (National Lead for Parenting Support, Tusla PPFS). Previous to this current role, Rebecca worked for over 20 years within the community and voluntary sector in Ireland for organisations and services including; Focus Ireland, Sophia Housing, Finglas Teen Parents Support Programme, Peter McVerry Trust, Barnardos, Better Finglas ABC Programme, Finglas West FRC, and Chime (National Association for the Deaf). Rebecca has supported vulnerable adults, young people and children living in disadvantaged communities taking a community development approach and using evidenced based/informed programmes.









### **Speaker Profiles**

#### Joanne McGarry



Joanne McGarry, is working as Assistant Principal in the Parenting Support Policy Unit in the Department of Children, Equality, Disability, Integration & Youth. Joanne is leading on the implementation of Supporting Parents; The National Model of Parenting Support Services. Implementation of the model, will see progress made on many actions to strengthen parents' knowledge, confidence and skills to help achieve the best outcomes for children. Before joining the Department, Joanne worked for the Irish NGO Trócaire

#### Assoc. Prof. Matt Buttery



Matt is the CEO of Triple P UK & Ireland and holds responsibility for the dissemination of the Triple P – Positive Parenting Program® across those nations. He is a passionate advocate of using evidence-based practice to help families and communities develop strong, healthy relationships and resilience. Matt is an Honorary Associate Professor in Family and Parenting Practice and Policy at the University of Warwick, Chair of the Island of Ireland Parenting Network, and is a spokesperson on children and family issues, appearing in national and local media.

#### Prof. María José Rodrigo



María is an Emeritus Professor at the Department of Developmental and Educational Psychology in the University of La Laguna (Spain) Her research focus is evidence-based parenting programmes to promote positive parenting in the families under at-risk circumstances and prevent child maltreatment. Prof. Rodrigo and her team have designed, implemented and evaluated evidence-based group parenting programmes targeted at families referred by the local social services. She is a member of the European Family Support Network, national representative from Spain and member of WG3 "Quality standards and evidence-based programmes".

#### Assoc. Prof. Lucía Jiménez



Lucía is an Associate Professor at the Department of Developmental and Educational Psychology in Seville University (Spain), former chair of the MA in Family Intervention and Mediation. Participant and responsible of several granted research projects related to the design and evaluation of family education and support programmes, particularly aimed at vulnerable families. Experience in advising practitioners, public and private institutions on child and family support programmes' implementation and evaluation. Chair of the European Family Support Network.

#### Dr. Carmel Devaney



Dr. Carmel Devaney is a Lecturer, Academic Director of the MA in Family Support Studies, Associate Director of the UNESCO Child and Family Research Centre and Head of the Discipline of Applied Social Science at the University of Galway. Carmel's research, recent publications and conference presentations are in the area of Family Support, Parenting Support, Child Protection and Welfare and supporting practitioners who work in these areas. Carmel holds an MA in Family Support Studies, a PhD in Sociology and Political Science and a PG Cert in Teaching and Learning in Higher Education from University of Galway.











### **Poster Presentations**



Poster Presentations will be on display at the back of the Thomond Suite (Main Hall) over the course of both days. Featuring posters from:

#### **UNESCO Child & Family Research Centre:**

Patterns of Adversity: Associations with Youth Suicide & Self-Harm

#### Our Lady of Lourdes CLG - Early Years Service:

Why Partnership with Parents is the Most Effective Intervention in the Early Years - A Colourful Guide

#### Archways / Blue Skies Initiative Area Based Childhood (ABC) Programme:

Ready Steady School - The Pathway To Smoother Transitions

#### Let's Grow Together! Infant & Childhood Partnerships CLG / University College Cork:

The Impact of Community-Based Paediatric Clinics: Promoting Health Equity and Ameliorating Developmental Disadvantage

#### Triple P, UK & Ireland

Can digital self-directed programmes help reach all families?

#### Western Region Drug and Alcohol Task Force:

Planet Youth in the West of Ireland

#### **South East Technological University:**

Football Cooperative (FC): A Community based Physical Activity Social Intervention for men using a Social Return on Investment (SROI) framework: A feasibility study for scale up

#### **Relationships in Practice:**

Relationships Matter: A Case Study

#### School of Psychology, University of Galway & Mindspace Mayo:

Evaluation of Mindspace Mayo in rural Ireland

# Foroige; ABC Startright; Tusla; Hospital FRC; Limerick Youth Service; Croom FRC; Limerick Social Services Centre:

20 second Hug & More, Quick Reads for Parents & Infographics Posters on Positive Parenting Themes

#### **Parents Plus:**

An Evaluation of the Online delivery of the Parents Plus Programmes via a Collaborative Project with Community Partner Organisations Across Ireland.

#### UNESCO, Child and Family Research Centre, Ilas, University of Galway:

How can Early Intervention happening 'Early in a Child's Life' with the Family Support Preschool Context Address Children's Additional Needs?

#### Pieta:

An Evaluation of Schools' and Organisations' Experience Implementing the Amber Flag Initiative 2021 - 2022

#### Young Ballymun:

Building Relational Capacity in Parents and Children

#### **University College Dublin:**

Digital Possibilities: Using Mobile Technology to Teach Refugee Children Remotely Travellers in Transition: Parent, Child, and Educator Experiences of Early Childhood Education and Care













### **Parallel Sessions**

The Summit will host a total of 8 parallel sessions, which will take place from **3.15pm** on **Thursday** afternoon with delegates able to choose 2 to attend, 1 from each session. Each themed session will include 3 - 4 presentations, with each speaker having 15 minutes, comprised of a 10-minute talk and 5-minute Q&A. This is an opportunity to explore examples and models of prevention and early intervention in action so all presentation slides will be available as resources after the Summit.

Session 1: 3.15pm - 4.15pm

#### MOVING FROM SOCIAL EXCLUSION TO INCLUSION - Chair: Fergal Landy (FRC National Forum)

Intergenerational Impact on Traveller
Community of Community Education Model Dr. Helen Casey & Dr. Deirdre Hardiman,
Discipline of Applied Social Science, School of
Political Science and Sociology, University of
Galway.

Supporting Direct Provision Parents and their Families Matter - Melissa Barrett & Rosie Donelan, Northside Family Resource Centre, Limerick.

Supporting the Integration of Newcomer Programme Refugees in Ireland - Yvonne Leckey, SALaM Study Ireland, Psychology Department, Maynooth University.

Parents Plus Programme, Culturally Adapted for the Irish Traveller Community; Parent and Practitioner Experiences - Dr. Phelim Tierney, University of Limerick, HSE.

#### TRAUMA INFORMED CARE & RESPONSIVENESS - Chair: Bernie Laverty (Tusia)

Problem Alcohol use in the Home: The Elephant in the Living Room - Jennifer Hough, Alcohol Action Ireland.

Trauma and Resilience: Spreading the Word, Spreading the Solutions in Limerick - Michelle O'Doherty & Joe Power, Trauma and Resilience Working Group. Trauma Informed Approach to Early Intervention in Family Support: Translating Theory into Practice in Homemaker Service - Melinda Hughes, Barnardos.

#### EARLY YEARS - Chair: Imelda Graham (Education & Training Consultant)

Hill Street FRC's Preparation for Preschool Programme: Facilitating a Successful Transition from Home to Pre-School - Emma Byrne, Consultant Researcher, Eileen Smith & Alison McCormack, Hill Street Family Resource Centre.

My Place to Play Infant Play Mat: Promoting the Communication, Social and Physical Development of Babies within the Travelling Community - Vivienne Downes, Primary Care, HSE Mid West.

Empowering Voices: Community based
Interventions for Oral Language Development
and Beyond - Suzanne Reilly, Little Voices, ABC
Startright, Laura Firth, St Mary's Preschool, Bernie
Hannan, Our Lady of Lourdes Community Services
Group.

Lifestart Services: The Epitome of Home Visiting in Donegal - Mary Walker Callaghan, Lifestart Services CLG, Donegal.











### **Parallel Sessions**

Session 1



#### SUPPORTING FAMILIES - Chair: Dr. Caroline Cullen (Tusla)

Families First: Engaging and Retaining
Reluctant Tusla-Referred Families in an
Intensive Systemic Therapeutic Service - Alice
Ann Lee & Bernie Hunter McCabe, Archways Families First.

Informal Kinship Care- the need for recognition, value, support and change - Laura Dunleavy, Kinship Care Ireland.

Separating Well for Children (SWP): Service Model - Geraldine Kelly, One Family.

Session 2: 4.20pm - 5.20pm

#### CHILDREN & YOUTH: VOICE AND CHOICE - Chair: Caitriona Nic Mhuiris (Kinshipcare Ireland)

Facilitating Sexual Consent Attitude Change Amongst Irish Secondary School Pupils Using Research-Based Theatre - Gavin Friel, University of Galway.

Youth Initiated Mentoring (YIM): A Promising Model? - Lorraine Duffy, University of Galway & Susan Delaney, Foróige.

Not seen and not heard? – An Irish Study
Exploring the Voice of Young Children in
Decisions regarding Post-Separation Contact Dr. Simone McCaughren, Trinity College Dublin, &
Dr. Aisling Parkes, University College Cork.

#### (MENTAL) HEALTH & WELLBEING - Chair: Niall Sexton (Northside Partnership)

Social Class Dynamics in Parental Experiences of Children's Disability Services - Lána Cummins, National College of Ireland and Maynooth University.

Health Alliance for Practice-based Professional Education and Engagement (HAPPEE) Initiative

- Dr. Maura Adshead & Niamh O'Sullivan, University of Limerick, Hilary McAlea, Corpus Christi Primary School & Aideen Shinners, St.Gabriel's Foundatation. Changing Lives Initiative: An Early Intervention Approach to ADHD - Christina Riordan, Archways.

Making Early Years Parenting Interventions
Accessible to High Need Parents with
Additional Needs - Prof. Prof. John Sharry,
Parents Plus and Claire Murphy, SPECS Bray.











# **Parallel Sessions**

Session 2



#### SUPPORTING PARENTS - Chair: Mary Walker Callaghan (Lifestart Services)

The Complementary Role of the Home Economist in the Provision of Parenting Support and Interventions to Families within PPFS Roscommon - Anne Marie Kenny, Tusla PPFS Roscommon. **Parenting When Separated** - Pat Fitzpatrick, Northside Family Resource Centre.

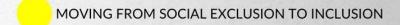
Your Children, Your Say: Experiences of Meitheal in the Dublin Mid Leinster Area - Alex Alcala, Early Learning Initiative.

#### RESEARCH & INTERAGENCY COLLABORATION - Chair: Marian Quinn (CDI Tallaght)

'Your Confidence is Building, and That is Just Priceless' - Implementation Components of an Infant-Parent Support Project within a Community Drug and Alcohol Service in Ballymun (Ballymun Youth Action Project - BYAP) - Dr. Laura O'Reilly, Ballyfermot STAR and Ballymun Local Drugs and Alcohol Task Force.

A Solution Based Approach to Addressing Child Poverty - Dr. Naomi Feely, Children's Rights Alliance. From Community Mothers to Community
Families – A Cross Sectoral Collaborative
interagency Journey - Dr. Josephine Bleach,
Anne Pardy & Dr. Margaret Mastriani,
Community Families Oversight and Support
Group.

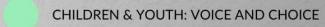
Working with the Arts: Considering
Creative Approaches for Engagement with
Target Groups and Stakeholders - David
Studer, Limerick CYPSC/Tusla.

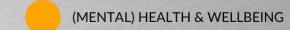


TRAUMA INFORMED CARE & RESPONSIVENESS

EARLY YEARS

SUPPORTING FAMILIES







RESEARCH & INTERAGENCY COLLABORATION











### **Summit Rapporteur**



**Susan Brocklesby** is a consultant with extensive experience supporting the community and voluntary and state sectors in areas of Prevention and Early Intervention (PEI). Susan has delivered on diverse projects in community Early Childhood Education and Care, child protection, parenting, home visiting and more. She is committed to sustainable grassroots solutions to complex challenges to improve lives for children, families and their communities today and in the future.

### **Summit MC**



**Karen O'Donnell O'Connor** has worked in the Community and Voluntary sector for twenty years and has significant experience in civic engagement, strategic planning and facilitating the development and growth of community capital. She is currently the Director of Rape Crisis Mid-West.

### **Artist in Residence**



Jen Murphy will be our Graphic Harvester over the course of both days. Jen will listen to the ideas being presented and then create a visual representation of the events of the day and what is being discussed on a large white board situated in the Thomond Suite (Main Hall). Jen has over 10 years' experience in Graphic Design, working for numerous large companies over the years. Jen has a reputation for attention to detail, efficiency and most importantly her creative flair.

https://jenmurphydesignstudio.ie/

### **Useful Numbers**



Maria O'Dwyer - PEIN National Coordinator 087 762 6831

Nessan O'Neill - Event & Digital Media Coordinator 087 705 9921















### **Good to Know**

#### Access:

Thomond Park is **fully wheelchair accessible** and **assistance-dog friendly**. All Summit sessions will take place on the first floor, with lift and stairs access. If you need any specific assistance please let us know in advance and we can organise it for you.

We also have a quiet room available at all times during the Summit. This is at your disposal for breast-feeding, sensory breaks, taking some head space etc. We would ask that delegates don't use it for calls – there are plenty of private spaces in the venue. That way we keep the quiet space......quiet.

#### Colour coding:

**Lanyards:** Anybody wearing a **yellow lanyard** has been involved in organising the event and is a go-to for information, signposting or just a good chat. Delegates and guests will be wearing **purple lanyards** so get to sit back, absorb it all and enjoy many more chats.

**Parallel sessions:** As you will have seen in this pack, each of the parallel sessions on Day One are colour coded. The colours for the two sessions that you have chosen will appear on your name badge, as well as on the door for each parallel session. Basically, follow the relevant-coloured dots and you won't get lost.

#### Food:

Lunch on day one will include vegetarian and gluten-free options but if you have any specific dietary requirement, please let us know in advance.

#### Photos:

There will be a photographer capturing the highlights of the event. If you would rather not have your image captured, please let us know in advance and we will sticker your nametag accordingly.

#### Artwork:

Children's voices are inherent to all meaningful prevention and early intervention work. During the Summit, you will find those voices shared in some creative ways by children themselves. A very big thank you to the awesome pupils of three local national schools here in Limerick – **St. Mary's** (St. Mary's Park), **Le Chéile** (Roxboro) and **Corpus Christi** (Moyross). We hear you, we see you, we thank you :













# **Getting Here**



By Air: Situated in the Southwest of Ireland on the banks of the River Shannon, Limerick is just 24 kilometres from Shannon International Airport. There are frequent bus services to Limerick from Shannon Airport and a taxi will cost anywhere in the region of €35 - €50 to get to the city centre. This price is for guidance only and exact fares are subject to agreement between the customer and driver. We recommend you agree your fare prior to your journey.

www.shannonairport.com +353 61 471444



**By Car/Bus**: Limerick is just 2 hours down the M7 motorway from Dublin, 90 mins on the M20/N20 from Cork and 80 mins on the N18/M18 from Galway. Visit <a href="https://www.buseireann.ie/">https://www.buseireann.ie/</a> or call +353 61 313333 for more information.



By Train: Limerick is served with excellent rail links, with frequent services from Dublin, Cork and the newly opened line to Galway. For further information and ticketing contact Irish Rail at +353 61 315555 or visit www.irishrail.ie.



Colbert Bus and Train Station is located in the city centre and is approximately a 2.6km, 25 mins walk from Thomond Park. There is a taxi rank right outside Colbert station and a journey to the stadium will cost anywhere from €7 − €12 (guidance price only) and will take around 10 − 25 mins dependent on traffic. Alternatively, you can take the 302 bus from Henry Street and get off at Cratloe Road alongside the stadium. A single journey will cost €1.90 and can be paid with cash (coins preferred) or via leap card. It is recommended to allow at least 20 mins for this journey as traffic can be heavy around the stadium, especially in the mornings.

Here's a link for a PDF map of Limerick City's bus routes:

<a href="https://www.transportforireland.ie/wp-content/uploads/2022/10/Limerick\_Leap\_Card\_A4\_Map-WEB\_Oct22.pdf">https://www.transportforireland.ie/wp-content/uploads/2022/10/Limerick\_Leap\_Card\_A4\_Map-WEB\_Oct22.pdf</a>











# **Staying Here**

Limerick has a range of accommodation options to cater to every budget. See below for some accommodation recommendations in the vicinity of Thomond Park:

HOTEL	ADDRESS	WEBSITE & PHONE
The Savoy Hotel Limerick	22 Henry St, Limerick, V94 EY2P	www.thesavoycollection.com/the- savoy +353 61 448 700
Limerick Strand Hotel	Ennis Rd, Limerick, V94 03F2	www.strandhotellimerick.ie +353 61 421 800
Absolute Hotel Limerick	Sir Harry's Mall, Limerick, V94 WP52	www.absolutehotel.com +353 61 463 600

Copy and Paste the following links into your browser for more local accommodation options:

https://www.booking.com/region/ie/county-limerick.html

https://ie.hotels.com/nh10873502/booking-limerick-city-centre-limerick-ireland-hotel-rooms/

### **Down Time**

Have some free time on your hands? While in Limerick we have some suggestions to keep you busy:



Now in its 12th year, the Limerick Jazz Festival runs from the 20th - 24th September. Check out the complete line-up here: https://limerickjazz.com/



Located on the junction of Thomas Street and Wickham Street, the Wickham Way is an indoor community space offering everything from food, coffee, art, crafts and more! Open from 3pm Thursdays.



Friday 22nd September is **Culture Night**. Find out what is happening around Limerick here: https://www.limerick.ie/discover/whats-on/festivals/culture-night-2023



No trip to Limerick would be complete without visiting the medieval quarter. Pay St. Mary's Cathedral a visit, take a stroll around King John's Castle, or just soak up the history of Nicholas Street, one of the oldest streets in Ireland.

> Visit Limerick.ie for a full guide to your host city: https://www.limerick.ie/











# Nibbles, Natter & Networking

As socialising and networking are an integral part of the event, we are pleased to let you know that on Thursday night (September 21st), there will be a 'nibbles & natter' session in **The Curragower Bar** from 7.30pm. Come join us to debrief, to re-kindle old connections and friendships and perhaps even forge some new ones.

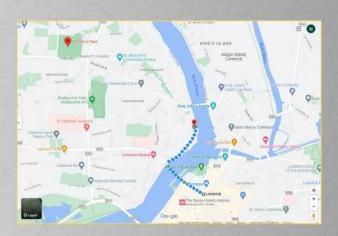




The Curragower, Clancy's Strand, Limerick.



+353 87 701 4723



# **And Some Special Mentions**

The Prevention and Early Intervention Network (PEIN) has been Chaired by **Francis Chance** since 2021. During his term, the Network has continued to grow and flourish, ensuring a strong collective for prevention and early intervention in the funding, planning and delivery of child and family services. There is symbolism in the fact that the PEI Summit, a collaborative and forward-looking event, marks Francis' last official duty as PEIN's Chairperson. The Network's Executive Committee, staff team, members and colleagues want to thank Francis for his immense contribution as Chair and look forward to his ongoing work as a member of PEIN's Executive Committee.

As much as we will miss Francis, we are excited to welcome **Katherine Harford** as the new PEIN Chairperson. A long-time member of PEIN and PEI champion, Katherine is the Director of Let's Grow Together! Infant & Childhood Partnerships CLG in Cork.

A big thank you to **Amy Mulvihill**, National Manager, Prevention, Partnership and Family Support, Tusla who was part of the 'we should get everybody together for a prevention and early intervention think-in' conversation last year, and has maintained an ongoing strategic and supportive role in the delivery of the PEI Summit ever since.











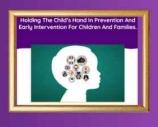
### **Our Work**

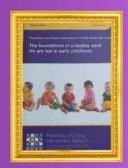
# Expand Your Prevention and Early Intervention Community &

**Access PEI Publications and Resources** 























# **Notes**











# **Notes**





